

# DAHMW Newsletter

Volume 6, No. 1, Spring, 2010 May 15, 2010

Domestic Abuse Helpline for Men and Women ([www.dahmw.org](http://www.dahmw.org))

## Special points of interest:

- The Secret Lives of Women Aired December 1, 2009
- DAHMW was founded in 2000
- Jan Brown's family encouraged her to create the agency
- Today, DAHMW receives 600 calls per month from male victims of intimate partner violence

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## Jan Brown Interviewed on WeTV Special

HARMONY, ME—February 26

Jan Brown, Founder and Executive Director of the Domestic Abuse Hotline for Men and Women, was interviewed on the WeTV special, *The Secret Lives of Women*, which aired on December 1, 2009.

The special was an unapologetic look at females who conceal behaviors and professions that push the boundaries of "normal" society.

Ms. Brown recognized the need for an organization that gave male victims of domestic violence a means of seeking guidance, so she founded the Domestic Abuse Helpline for Men and Women in 2000.

It all started in 1996 when a family member who was being abused by his wife contacted Jan to see if she could recommend a course of action. It did not take



Jan Brown, Founder and Executive Director of the Domestic Abuse Helpline for Men and Women

Ms. Brown very long to see that this family member was truly being abused. She asked him, "why don't you leave her?" As it turned

out, this man had very few options and virtually no where to go for help.

After checking out the helping agencies that would serve men in this family member's situation—and finding them grossly inadequate to the task—she decided to initiate an agency of her own to help abused men.

Jan Brown asked, "If not me, then who?"

Today, DAHMW receives 600 calls per month from males suffering from domestic violence.

For the complete Jan Brown interview, go to:

<http://www.wetv.com/video/53450811001/husband-beaters-the-therapist>

## During July, Vote for DAHMW at the Pepsi Refresh Project

HARMONY, ME — April 22

DAHMW Founder and Executive Director Jan Brown announced today that the agency will begin one of the most aggressive fundraising campaigns in its history.

You can play a role in this groundbreaking effort.

Beginning July 1, visit the Pepsi Refresh Project at <http://www.refresheverything.com>. Look for DAHMW's project and vote for it. You may vote once per day each day during the month of July for DAHMW's project. If

DAHMW is among the top vote getters, the agency will receive \$250,000 to create public awareness about under served victims of domestic violence. Ms. Brown notes that 1 in 9 men in the U.S. are victims of such violence. Her project will provide a lifeline to victims and survivors.



Denise Hines, Ph.D.

### Clark University Study Says Males Are Victims of "Intimate Terrorism"

WORCESTER, MA—Clark University—March 12

A major study conducted at Clark University by Dr. Denise Hines suggests that the male experience of aggression from one's intimate partner fits the description, "intimate terrorism."

The study defined intimate terrorism as physical aggression against one's partner that occurs within a general pattern of control.

The men studied sustained very high rates and frequencies of psychological, sexual,

and physical Intimate partner violence (IPV), injuries, and controlling behaviors, the pattern of which is congruent with the concept of intimate terrorism. Though men had high rates of IPV themselves, their violent behavior conformed to the idea of "violent resistance."

A sample of 302 helpseeking males was recruited for the study from numerous sources including the DAHMW helpline, online websites, newsletters, blogs, and related listservs.

For comparison purposes, 520

men were recruited from the community to participate in a phone survey.

Both helpseeking and community samples were given the same core questionnaires regarding demographics and aggressive behavior. The help-seeking sample also received a revised version of Murray Straus' Conflict Tactics Scale.

To view the entire study, go to:

<http://www.clarku.edu/faculty/dhines/results.htm>

"The Domestic Abuse Helpline for Men and Women has content specifically oriented toward men who are being abused."

### Columnist Directs Battered Husband to DAHMW

BALTIMORE, MD—January 29

The popular *Baltimore Sun* columnist Ask Amy recently referred a battered husband to DAHMW.

The man wrote the columnist asking for advice after his wife's jealousy and distrust had turned into violent rage. The man had been physically attacked by his wife on several occasions, and signed his inquiry with the word "Fearful."

Amy replied:

"Dear Fearful,

Leave this relationship immediately. You are being emotionally and physically abused, and you should leave for your own safety.

Develop a safety plan. Find a friend to stay with, pack your documents, valuables and some clothing without your wife's knowledge, and leave the home. Go to the police for an order of protection.

The Domestic Abuse Helpline for Men and Woman has con-

tent specifically oriented toward men who are being abused. Your response to this abuse—to try to tough it out—is sadly common for men who are victims of domestic violence."

To view the full column, go to:

<http://www.baltimoresun.com/entertainment/bthesite/ct-live-0129-amy-20100128,0,7266385.column>

### Donate to DAHMW Today !!!!

PLEASE HELP US CONTINUE OUR IMPORTANT WORK WITH DOMESTIC VIOLENCE VICTIMS, SURVIVORS AND THEIR FAMILIES

I support the important work that the Domestic Abuse Helpline for Men and Women is doing. Enclosed is my donation to DAHMW. Please mail this form with your check made payable to:

Domestic Abuse Helpline for Men and Women, P.O. Box 252, Harmony, ME 04842

Name: \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_

Zip Code \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

\_\_\_\_\_ \$5-\$99

\_\_\_\_\_ \$100-\$249

\_\_\_\_\_ \$250-\$499

\_\_\_\_\_ \$500-\$999

\_\_\_\_\_ \$1000 or more

Or, donate online at <http://dahmw.org/support-us> and click on the donate button.

NOTE: In an effort to recognize all our generous donors, DAHMW would like to mention donor names in our newsletter and/or annual report. Please indicate your preference below:

\_\_\_\_\_ Yes, I would

\_\_\_\_\_ No, I would not like my name mentioned in DAHMW publications.



DAHMW  
Vote for us at the  
Pepsi Refresh Project  
During July

## “I Was Blessed:” A Survivor’s Story

COLUMBIA, SC (WIS) – February 10

Dale Wells says it was love at first sight for him when he met Denise.

“When I saw her, talked to her, it was magical. I immediately knew she was who I wanted to be with.”

Wells had hired Denise to work at the Waffle House he managed. As they worked together, their relationship bloomed. Before long, they were living together, blissfully.

Their story seemed destined to end with marriage and a

happy ending, but this one took a dark turn.

“I guess there was always signs of aggression, not toward me at first.”

After Wells, a huge Tiger Woods fan, defended the golfer during his recent scandal, his roommate became infuriated.

After this angry outburst, she became more controlling. She demanded more time than he could give her, and she threatened to kill Dale’s pet dog.

One day, he got home from work to discover that Denise

had destroyed pictures, flat-screen TVs and other property. With this, Wells decided that it was time for his girlfriend to go.

Denise went back to New York. Two months later, she came back to surprise Wells on his birthday. She came armed with a .357 magnum pistol, and she said she was prepared to kill Wells and then kill herself.

To see how this story ends, go to:

<http://www.wistv.com/Global/story.asp?S=12007747>



Dale Wells, victim and survivor of domestic violence

## Male Victims, Tell Us Your Stories!!!

Bangor, ME—March 12

Epic Saga Publishing is taking submissions for an collection of essays and personal experiences about men who are victims of domestic violence, friends, or loved ones who were close to the victims, or professionals who helped those victims. These should all be true accounts. All profits after expenses will go directly to DAHMW.

### WHAT WE’RE LOOKING FOR:

All stories of domestic abuse

are important, but for space considerations we will accept those that best demonstrate the need for and importance of domestic violence services for men. Tell us stories; give us background; give us details of what happened. Tell us what happened when you or the victim sought services. Be sure to wrap up the story with a conclusion, good or bad. Most importantly, throughout the story, tell us your thoughts and feelings through your ordeal. Make it

a piece that will move readers’ emotions and cause them to empathize with your experience.

David Fitzpatrick of Epic Saga Publishing is working on this project for DAHMW. He can be reached at:

[epicsaga@fitz42.net](mailto:epicsaga@fitz42.net)

For complete submission guidelines, go to:

<http://www.fitz42.net/epicsaga/anthos/dahmw.htm>

“Tell us stories; give us background; give us details of what happened.”

## Male Survivors “Virtual” Group Seeking Participants

Harmony, ME– March 12

Male survivors of domestic abuse will now have available to them a peer led, 12 week support group that they may attend right from home.

This support group will give victims an opportunity to understand the effects of abuse on themselves and their children, explore what healthy intimate relationships look like, and help them to achieve personal growth.

Jan Brown, director and founder of DAHMW, noted: “We are thrilled to be one of the first to offer this vital and needed service to male survivors of domestic abuse.”

Currently the virtual support group is designed for male survivors who have been in abusive relationships with a female partner. To participate in the support group, survivors must be removed from the abusive partner for at least a month.

Participants will use virtual cameras and tune in online at given times every week for 12 weeks. Participants must have access to a computer and high-speed internet service. DAHMW will reimburse participants for the web camera if they need to buy one.

For more information or to sign up for the support group, contact us by email at [dahmwagency@gmail.com](mailto:dahmwagency@gmail.com) or call 1-888-743-5754.



DAHMW  
Vote for us at  
the Pepsi  
Refresh Project  
During July



## Domestic Abuse Helpline for Men and Women



DAHMMW  
Vote for us at  
the Pepsi  
Refresh Project

P.O. Box 252  
Harmony, ME 04942

Phone: 207-683-5758  
Fax: 1-775-255-9626  
E-mail: dahmwagency@gmail.com

Follow us on Twitter, at  
<http://twitter.com/Advoc8>

Also connect with us on  
[Facebook](#), [MySpace](#), and  
[Blogger](#)

**We're on the web!**  
[www.dahmw.org](http://www.dahmw.org)

### Our Mission:

To provide crisis intervention and support services to all victims of domestic violence and their families in order to help survivors recover from the trauma of domestic violence. We work toward the elimination of domestic violence by increasing public awareness and decreasing tolerance of domestic violence through community collaboration and education.

## Domestic Abuse Helpline for Men and Women

Jan Brown is  
Founder,  
Executive Di-  
rector, and  
Board Presi-  
dent of the  
Domestic  
Abuse Helpline  
for Men and  
Women

Vote for us at  
the Pepsi Re-  
fresh Project in  
July!!

Domestic Abuse Helpline for Men and Women based in Harmony, Maine began on October 27, 2000. DAHMMW is comprised of caring and dedicated individuals—focused on providing the best advocacy and support services for domestic violence victims.

The board, staff and volunteers are committed to building first-rate client services and expanding to meet the needs of victims and survivors. DAHMMW provides a wide array of services including 24 hour crisis line and emergency shelter, food, clothing, information and referrals, advocacy and assistance with transportation costs to victims escaping

domestic violence and community education.

DAHMMW serves as a national information and referral center for victims and survivors, friends and family members, and general public, and the media.

DAHMMW is a non-profit 501c (3) that receives most of its funding from private donations. Your donation of any amount is deeply appreciated and needed in order to continue the work we do, educating the public and providing a much needed service to victims, survivors and concerned friends and family members.

Sincerely,  
Jan Brown, President

Lloyd Bumanglag, Board Member  
Dave Burroughs, Board Member  
Mike Cabot, Treasurer  
Greg Korin, Board Member  
Mike Rager, Board Member  
Vicki Shaw, Board Member  
Stan Weeber, Secretary  
Mary Yamaguchi, Board Member

Domestic Abuse Helpline for Men and Women